

RISK ASSESSMENT PRO FORMA

NW GRA No 3

Unit/Formation: **TS**

Assessor:

Activity/Exercise: Pulling

Date of Assessment:

Relevant Publications/Pamphlets/Procedures:

Review Date:

TARs (1) Chapter 5.

TIs Part 2 Chapter 1.

Generic Risk Assessment: Yes

Steps relate to the Risk Assessment Process

Ser	Activity/Element (Step 1)	Hazards Identified (Step 2)	Existing Controls (Step 3)	Residual Risk Acceptable Yes/No (Step 4)	Additional Controls Required (Step 5)	Residual Risk Acceptable Yes/No (Step 6)
(a)	(b)	(c)	(d)	(e)	(f)	(g)
1	Launching and recovery	(a) Manual Handling of equipment. (b) Carrying equipment to and from water.	(a) Instructors are to ensure that enough people are available to move the craft. Where possible use the boat trailer. (b) Instructors to supervise the movement of equipment to and from the boats, and ensure two people minimum are carrying heavy or awkward loads.	Yes	No	
2	General Pulling.	High intensity activity in a cold environment.	The groups are to complete warm up prior to starting any activity. This may be in the form of gentle pulling.	Yes	No	

3	As Above	Man overboard.	Individuals are to wear suitable buoyancy aid as per current TARs 0307. Individuals are to wear the correct clothing for expected prevailing conditions. The instructor is to ensure that when the conditions have been identified as cold the appropriate action is taken.	Yes	No	
4	As Above	Instructor/coxswain falling overboard.(Craft not under control)	All coxswains are to ensure they are sitting on the stern thwart and not on the gunwale. A safety boat must be available at all times. If more than one ASC is out pulling they can buddy up for extra safety.	Yes	No	
5	As Above	Changing pulling positions.	Instructors are to ensure only one person to stand up in the craft at a time.	Yes	No	
6	As Above	Collision with other water users, powered and non powered	Instructors are to ensure that they are familiar with the areas that other groups are operating in and to avoid them where necessary.	Yes	No	
7	As Above	Sailing into designated no go areas	Instructors are to brief groups on the no go areas and ensure they do not enter them.	Yes	No	
8	As Above	Entanglement due to discarded objects and litter.	Instructors are to be first aid trained.	Yes	No	

9	As Above	Overdue/Late return	Before activity commences Instructor must leave all details of location, approx time of return etc with shore designated safety controller	Yes	No	
10	As Above	Waterborne infections (Weils disease)	The risk is very small but basic precautions include covering all cuts with waterproof plaster before activity commences and avoid if possible full immersion in water.	Yes	No	

END OF REPORT-----